

Cry Me Out

World Dance Masters 2010 Choreography Competition Entry

Description: 32 count, 2 wall, Higher Intermediate/Advanced level
Choreographer: Malene Jakobsen [Denmark] (Oct 09)
Music: "Cry Me Out" by Pixie Lott from the album Turn It Up
(Bonus Track Version)



8 counts from when the beat kicks in, 17 sec. into track (64bpm)

1-7 Side, back rock, side, touch, 1/8, mambo, 1/4, 1/4, full turn, rock

- a1-2 (a) Step L to L, (1) rock back on R, (2) recover onto L
&a3 (&) Step R to R, (a) touch L beside R (3) step L to L diagonal
4&a 4) Rock forward on R, (&) recover onto L, (a) step slightly back on R
5-6 (5) Rock L to L making 1/4 turn L, (6) recover onto R making a 1/4 R
&a7 (&) Turn 1/2 R stepping back on L, (a) turn 1/2 R stepping forward on R, (7) step forward on L

8-15 Recover 1/2, ball steps, step sweep, cross rock, side, cross rock, 1/8, ball, side, coaster, rock

- 8& (8) Recovering onto R make 1/2 turn L on ball of R, (&) step L next to R
a1 (a) Step R next to L, (1) step forward on L sweeping R from back to front
2&a3 (2) Cross R over L, (&) recover onto L, (a) step R to R, (3) cross L over R
4& (4) Recover onto R, (&) turn 1/8 L stepping L to L
a5 (a) Step R next to L, (5) large step L to L dragging R towards L
6&a (6) Step back on R, (&) step L next to R (a) step forward on R
7 (7) Rock forward on L,

16-24 Behind, side, cross rock, 1/4, ball step, mambo, 1/4 x 4, hold

- &a1 (&) Cross R behind L, (a) step L to L, (1) cross R over L
2& (2) Recover onto L, (&) turn 1/4 R stepping forward on R
a3 (a) Step L next to R, (3) take a long step forward on R dragging L towards R
4&a (4) Rock forward on L, (&) recover onto R, (a) step slightly back on L
5 (5) Turn 1/4 R stepping forward on R
&6 (&) Step forward on L, (6) turn 1/4 R stepping forward on R
&7 (&) Step forward on L, (7) turn 1/4 R stepping forward on R
&8 (&) Step forward on L, (8) turn 1/4 R stepping forward on R
& (&) Hold

TAG: It only happens once after wall 5, you'll be facing 6 o'clock

1-4 Steps back with sweeps x 3, back, hold

- 1&a (1) Step back on L, (&a) sweep R from front to back
2&a (2) Step back on R, (&a) sweep L from front to back
3&a (3) Step back on L, (&a) sweep R from front to back
4& (4) Step back on R (&) hold

NOTE: The music sounds as if it's a very fast waltz, however it is not a waltz