

Roots

Competition Step Sheet

DIVISION: Country Classic Team

Description: 48 Counts, 4 Walls, Country
Choreographer: Tina Argyle
Music: Roots by Zac Brown Band
Count-in: 32 Count Intro
Note: There are 2 restarts. See below. Dancers will dance Wall 1 Vanilla, Wall 2 (until restart), Vanilla, Wall 3 Vanilla, Wall 4 Variation, Wall 5 (until restart) Vanilla, Wall 6 Variation, then V&V to finish.



1-8 SIDE ROCK, CROSS TRIPLE, ½ HINGE TURN, CROSS TRIPLE

1,2 Rock right to right side, recover
3&4 Cross right over left step left to left side, cross right over left
5,6 Make ¼ turn right stepping back left, make ¼ turn right stepping right to right side (6.00)
7&8 Cross left over right, step right to right side, cross left over right

9-16 SIDE ROCK, CROSS TRIPLE, SIDE ROCK ¼ TURN, STEP ¼ PIVOT TURN

1,2 Rock right to right side, recover
3&4 Cross right over left step left to left side, cross right over left
5,6 Rock left to left side, make ¼ right onto right
7,8 Step fwd left, make ¼ turn right onto right (12.00)

17-24 SYNCOPATED JAZZ BOX, SIDE STEP, ROCK BACK, HEEL & CROSS

1,2 Cross left over right, step back right
&3,4 Step left to left side, cross right over left taking weight, step left to left side
5,6 Rock right behind left, recover
7&8 Slightly facing right diagonal, touch right to diagonal, step down right, cross left over right

***** Re Start here during Wall 5 facing 6.00 *****

25-32 HEEL & CROSS, ROCK ¼ TURN, DOROTHY STEP FWD (RIGHT THEN LEFT)

1&2 Slightly facing right diagonal Touch right to diagonal, step down right, cross left over right
3,4 Rock right to right side, make ¼ turn left onto left.
5,6 Step fwd right to right diagonal, lock left behind right
&7,8 Step fwd right to diagonal again, step left to left diagonal , lock right behind left
& Step forward left square to (9.00)

***** Re Start here during Wall 2 facing 12.00 *****

33-40 SWITCHING ROCK STEPS FWD, TRIPLE BACK, ROCK BACK

1,2 Rock fwd right, recover onto left
&3,4 Step right at side of left, Rock fwd left, recover onto right
5&6 Step back left, close right at side of left, step back left
7,8 Rock back right, recover weight onto left

41-48 ½ TRIPLE TURN, ROCK BACK ½ TRIPLE TURN, ½ TURN WALK FWD R & L

1&2 Make 1/2 turn left stepping back right, step left at side of right, step back right (3.00)
3,4 Rock back left, recover weight onto right
5&6 Make 1/2 turn right stepping back left, step right at side of left, step back left (9.00)
7,8 Make ½ turn right stepping fwd right then left (3.00)

Begin Again ☺